

Chess Benefits New York City Children

The New York City Schools Chess Program Report

“The New York City Schools Chess Program Report is impressive, here is what Chrisine Palm writes in 1990. In its four-year existence, NYCHESS has proven that:”

“a. Chess instills in young players a sense of self-confidence and self-worth

b. Chess dramatically improves a child’s ability to think rationally

c. Chess increases cognitive skills

d. Chess improves children’s communication skills and aptitude in recognizing patterns

e. Chess results in higher grades, especially in English and Math studies . . .”

(KSN) Some of the benefits of chess, for children, may be related to the tactical combinations that often happen in the **chess middle game**. Mental calculations are essential in these complex chess positions, for chess players need to imagine future positions of pieces on the board.